

## Notice of Race

### Sailingfast ILCA Welsh Open Championship ILCA 4, ILCA 6, & ILCA 7

Saturday 4<sup>th</sup> & Sunday 5<sup>th</sup> July 2026

Hosted by Plas Heli - The Welsh National Sailing Academy and Events Centre  
The Organising Authority (OA) is RYA Cymru Wales.

The following notation are used within this NOR

Notation	Meaning
[NP]	that a boat may not protest another boat for breaking that rule. This changes
[DP]	the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification

#### 1. RULES

- 1.1. The event is governed by the rules as defined by The Racing Rules of Sailing (RRS).
- 1.2. Competitors should note that RYACW and Plas Heli Welsh National Sailing Academy implements the RYA Racing Charter and that they will be expected to sail in compliance with it. The Charter can be found at the front of the RYA edition of the Racing Rules of Sailing 2025-2028 (the yellow pages after the definitions), or on the RYA website at [www.rya.org.uk/racingrules](http://www.rya.org.uk/racingrules)
- 1.3. Boats shall comply with the Class Rules as posted on the ILCA website. [DP]
- 1.4. ILCA class rule 7 (a) is restricted as follows “only one person shall be on board whilst racing. The person shall be named on the entry form” No substitution of helm is permitted.
- 1.5. RRS Appendix T, Arbitration, will apply.
- 1.6. Appendix P, Special Procedures for RRS 42, will apply.
- 1.7. Rule 30.4 (Black flag rule) is added to as follows.

At the sole discretion of the Race committee, they may display the last four numbers of the sail number for brevity provided there is no ambiguity.

- 1.8. Rule 40.1 and 40.2(c) shall always apply on the water.
- 1.9. Competitor vessels shall not be towed from the time of leaving the launch area to the time of return to the launch area except when requested by the Race committee or Event Safety officer.
- 1.10. In the case of conflict between the Notice of Race and the Sailing Instructions, SIs will take precedence. This changes rule 63.5(c).

#### 2. SAILING INSTRUCTIONS

- 2.1. Event Sailing Instructions will be published on the Event Official Notice Board after the entry closing date.

- 2.2. Any change to the sailing instructions will be posted not less than 60 minutes before the first scheduled class warning signal is displayed.

### 3. NOTICES TO COMPETITORS & COMMUNICATION

- 3.1. The online official noticeboard is located in the main in Plas Heli.
- 3.2. An Online notice board can be found at [Welsh ILCA Championships | Welsh Sailing](#)
- 3.3. Please join the event's WhatsApp group and community

[Welsh ILCA Champs Competitor WhatsApp](#)



- 3.4. From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communications that is not available to all boats. [DP]
- 3.5. A boat shall carry a tracking device if so required by the Organising Authority. The device will be supplied by the Organising Authority. The Tracking device should be used in accordance with the instructions contained in the Event Sailing Instructions. Failure to do so may result in a penalty. [DP]

### 4. ELIGIBILITY & ENTRY

- 4.1. The events are open to all boats of the ILCA dinghy class (4,6 & 7).
- 4.2. ILCA 4 Class are not permitted to use a Mk2 radial sail.
- 4.3. Competitors do not need to be members of the ILCA UK to enter the event.
- 4.4. Entries will only be accepted via the event booking page, which can be accessed via the [Welsh ILCA Championships | Welsh Sailing](#)
- 4.5. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.6. Crew substitution of the registered sailor is not permitted.
- 4.7. Entries from Russia or Belarus or with those country nationality letters are rejected in accordance with [World Sailing guidelines](#).
- 4.8. For Youth and Master categories, the competitors age will determine in which category they are eligible.
- 4.9. The closing date for entries is **28/06/2026**. Entries after the closing date will only be accepted at the discretion of the Organising Authority.
- 4.10. Sailors may change rig up to the closing date for entry via notification to the Organising Authority.
- 4.11. Sailors aged under eighteen on the first day of the event will need to have a Parent/Guardian Declaration form completed and signed by a parent or guardian, to confirm that the parent/guardian understands and accepts that their sailors are entirely responsible throughout the event for themselves and their boats on land and on the water. Forms must be completed online via the event website.
- 4.12. The responsible adult and competitors shall register together as shown in NOR 8.1
- 4.13. If parent/guardians are not available at the venue, they must appoint loco parentis before the start of each day and submit a completed form to the race office.

## 5. FEES

5.1. The entry fee for the event will be.

5.1.1. for entries on or before 12 June 2026 £75.00.

5.1.2. for entries after 12 June 2026 and before the closing date £90.00

5.2. Should the event be cancelled, a refund of at least 80% of the entry fee will be made after transfer fees. This will be dependent on the expenditure committed to by, and at the discretion of the Organising Authority. If an entry is cancelled by a competitor, the entry fee will be refunded as follows:

Cancellation	Refund
Up to the closing date for entry	Entry fee less £5 administration
After closing date for entry	No refund

5.3. The entry fee may include a bowl of pasta after each day's racing.

## 6. CREW LIMITATIONS

6.1. Please refer to NOR RULES 1.4

## 7. ADVERTISING

7.1. Boats may also be required to display advertising chosen and supplied by the Organising authority [DP]

## 8. SCHEDULE

8.1. Registration/check-in

Date	Open	Close	Location
04/07/26	08:30	09:30	Main Hall

8.2. Number of Races

Class	Number of Races	Races per day (Scheduled)
ILCA 4	8	4
ILCA 6	8	4
ILCA 7	8	4

8.3. The scheduled time of the warning signal for the first race each day is:

Date	Time of first warning signal (not before)
04/07/2026	11:55
05/07/2026	10:25

8.4. On the last scheduled day of racing no warning signal will be made after 15:00.

- 8.5. Each day succeeding races will be started as soon as practicable after the finish of the previous race.
- 8.6. Other events

Date	Event	Time	Location
Saturday	Morning Briefing	10.00	Event hall
Sunday	Prizegiving	ASAP after racing	To be advised

## 9. EQUIPMENT INSPECTION

- 9.1. Boats may be inspected at any time.
- 9.2. Equipment protests will only be accepted from the committee. This changes RRS 60.1
- 9.3. Requests for substitution of equipment shall be made to the committee at the first reasonable opportunity.
- 9.4. Boats shall also comply with RRS 78.1 [DP]

## 10. CLOTHING & EQUIPMENT

- 10.1. Wet clothing may be inspected at any time for compliance with the class rules as permitted by RRS 50.1(b)

## 11. VENUE

- 11.1. The SIs will show the courses.
- 11.2. The Intended Race area will be confirmed in the SIs
- 11.3. A plan of the event venue will be available on arrival.

## 12. COURSES

- 12.1. The courses to be sailed will be Inner or Outer loop trapezoid with a 45-minute target time for each race unless specified differently in the SIs.

## 13. PENALTY SYSTEM

- 13.1. Appendix P, Special Procedures for RRS 42, will apply. The Event Sailing Instructions will state Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one at each Individual event.
- 13.2. To encourage boats to take a penalty afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule.
- 13.3. The Race Committee will protest when it believes a boat has hit either of the starting marks and no penalty has been taken. [DP]

## 14. SCORING

- 14.1. One race shall be completed to constitute a series.
- 14.2. The total score for each boat at the event will be the sum of her scores as follows:
- When fewer than four races have been completed, a boat's series score will be the total of her race scores.

- When from four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **15. BERTHING AND LAUNCHING [DP]**

- 15.1. Boats shall be kept in their assigned area of the dinghy park during the events from the start of their event until the completion of the final race.
- 15.2. Tallying shall be required. Tally Instructions will be given in the SIs.

## **16. DATA PROTECTION**

- 16.1. The personal information you provide to the Organising Authority will be used to facilitate your participation in the event. If you have agreed to be bound by the Racing Rules of Sailing and the other rules that govern the event (the rules), the legal basis for processing that personal information is contract. If you are not bound by the rules, the legal basis for processing that personal information is legitimate interest. Your personal information will be stored and used in accordance with the Organising Authority's privacy policy.
- 16.2. When required by the rules, personal information may be shared with the RYA, [Racingrulesofsailing.org](http://Racingrulesofsailing.org), the tracking supplier, your national authority and/or World Sailing. The results of the event and the outcome of any hearing or appeal may be published.

## **17. RISK STATEMENT**

- 17.1. Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
  - They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
  - They are responsible for the safety of themselves, their crew, their boat, and their other property whether afloat or ashore.
  - They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
  - Their boat is in good order, equipped to sail in the event and they are fit to participate.
  - The provision of a race management team, patrol boats if any and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
  - The provision of patrol boat cover if any is limited to such assistance, particularly in extreme weather conditions, as can be provided in the circumstances.
  - It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any competitor briefing held for the event.

## **18. INSURANCE**

- 18.1. Each Participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per incident or equivalent.

## 19. PRIZES

19.1. The prizes will be awarded in the following categories:

Class	Category	1st	2nd	3rd
ILCA 4 / 6 / 7	Overall Welsh Champion (Sailor with lowest score across all three fleets)	*		
ILCA 4	Overall	*	*	*
ILCA 4	1 <sup>st</sup> place competitor of opposite gender to the overall 1 <sup>st</sup> place winner	*		
ILCA 6	Overall	*	*	*
ILCA 6	1 <sup>st</sup> place competitor of opposite gender to the overall 1 <sup>st</sup> place winner	*		
ILCA 7	Overall	*	*	*
ILCA 6/7	Male Master	*		
ILCA 6/7	Female Master	*		
ILCA 4/6/7	Endeavour			

19.2. Prizes will be awarded at the discretion of the organisers and subject to number of entries

## 20. RIGHTS TO USE NAMES

20.1. Competitors automatically grant to the Organising Authority and event sponsors without payment the right in perpetuity to make, use and show any motion pictures, still pictures and live, taped or filmed television of or relating to the event. They also allow their names, age category, boat and club details to be displayed in competitors lists prior to the event and in results, on the event website and in other publications.

END OF NOTICE OF RACE