

| Helm Name | Sailing Club | Class | Fleet |
|------------------------|--|------------|---|
| Jack Hudson | Llandegfedd | Topper 5.3 | I don't know (we will help you work out your fleet at registration) |
| Alexa Atkins | CBYC | ILCA 6 | Main |
| Anwen Sims | Neyland Yacht Club | Tera Pro | Main |
| Archie Hayden | Saundersfoot sailing club, Neyland sailing club. | Tera Sport | Main |
| Arwel Lloyd | Pembrokeshire Yacht Club | Tera Sport | Main |
| Ayla Griffiths | CBYC | ILCA 4 | Main |
| Ben Dickson | Llandegfedd | Topper 5.3 | Main |
| Bertie Deacon | Llandegfedd Lake Sailing Club | Topper 5.3 | Main |
| Cara Thomas | Clwb Hwyllo Y Felinheli3025 | Tera Pro | Main |
| Dafydd King | CBYC | Topper 5.3 | Main |
| Daisy Dowdell | Llandegfedd | Topper 5.3 | Main |
| Daniel Plant | Neyland Yacht club | ILCA 6 | Main |
| Dylan Williams | Pembrokeshire Yacht Club | ILCA 6 | Main |
| Eleanor Hughes | CBYC | ILCA 4 | Main |
| Ellis Crierie | Llyn Brenig SC | Tera Sport | Main |
| Evie Ring | TATA SC and Mumbles YC | Optimist | Main |
| Fletcher Sheehy | Bala SC/Llyn Brenig SC | Optimist | Main |
| Freddie Faulkner-Clegg | Llandegfedd SC | Topper 5.3 | Main |
| Georgia Scott | Dale YC | ILCA 6 | Main |
| Griff Attrill | Llandegfedd | ILCA 4 | Main |
| Harry Bennell | Port Dinorwic Sailing Club | ILCA 4 | Main |
| Harry Hayden | Saundersfoot sailing club, Neyland sailing club | Tera Pro | Main |
| Iolo bool | Neyland YC | Tera Pro | Main |
| Isabelle Nuttall | Neyland yacht club | Tera Sport | Main |
| Jac Morley Moore | Llyn Brenig Sailing Club | Tera Pro | Main |
| Jack Harding | Cardiff Bay Yacht Club | ILCA 4 | Main |
| Jack Stephens | Neyland yacht club | Tera Sport | Main |
| Liam Franz & Iolo Sims | Neyland Yacht Club | RS Feva | Main |
| Logan claypole | Tata / mumbles / cardiff | Tera Pro | Main |
| Martha Hughes | CBYC | Optimist | Main |
| Max Attrill | Llandegfedd | ILCA 6 | Main |
| Megan Riley Gowers | Port Dinorwic CHYF | ILCA 4 | Main |

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|--------------------|---------------------------|------------|---------|
| Oliver Hanbury | Mumbles Yacht Club | Tera Pro | Main |
| Oliver Jones | Llandegfedd | Topper 5.3 | Main |
| Oliver Venning | Port Dinorwic SC | Topper 4.2 | Main |
| Rhys Doyle | CBYC | ILCA 4 | Main |
| Rowan Morley | LLSC | Topper 5.3 | Main |
| Sebastian Kummer | Neyland Yacht Club | Tera Sport | Main |
| Sienna Watts | CBYC | Topper 5.3 | Main |
| Sion Richings | Llandegfedd | Topper 5.3 | Main |
| Sophie Venning | Port Dinorwic SC | Topper 5.3 | Main |
| Steffan Williams | New Quay Yacht Club | ILCA 6 | Main |
| Summer Baylis | Aberdyfi Yacht Club | Topper 5.3 | Main |
| Thomas Venning | Port Dinorwic SC | ILCA 6 | Main |
| Tomos Martin | CBYC | Optimist | Main |
| Xenia Hudson-Evans | Cardiff bay yacht club | Optimist | Main |
| Zac Allsop | Llandegfedd / Tata | Topper 5.3 | Main |
| Annabel Costello | Mumbles/CBYC | Tera Sport | Regatta |
| Chloe Hanbury | Mumbles Yacht Club | Tera Sport | Regatta |
| Emrys Agius | Cardiff bay | Topper 5.3 | Regatta |
| Finn Marshall | Windswept | BIC Techno | Regatta |
| Florence Banks | Mumbles yacht club (MYC) | Tera Sport | Regatta |
| Freya claypole | Tata steel/ mumbles | Other | Regatta |
| Idris Howell | Neyland Yacht Club | Tera Sport | Regatta |
| Louis Hayden | Saundersfoot sailing club | Other | Regatta |
| Molly Hall | Port Dinorwic SC | Tera Sport | Regatta |
| Osian Roberts | Neyland | Tera Sport | Regatta |
| Otto Hayden | Saundersfoot sailing club | Other | Regatta |