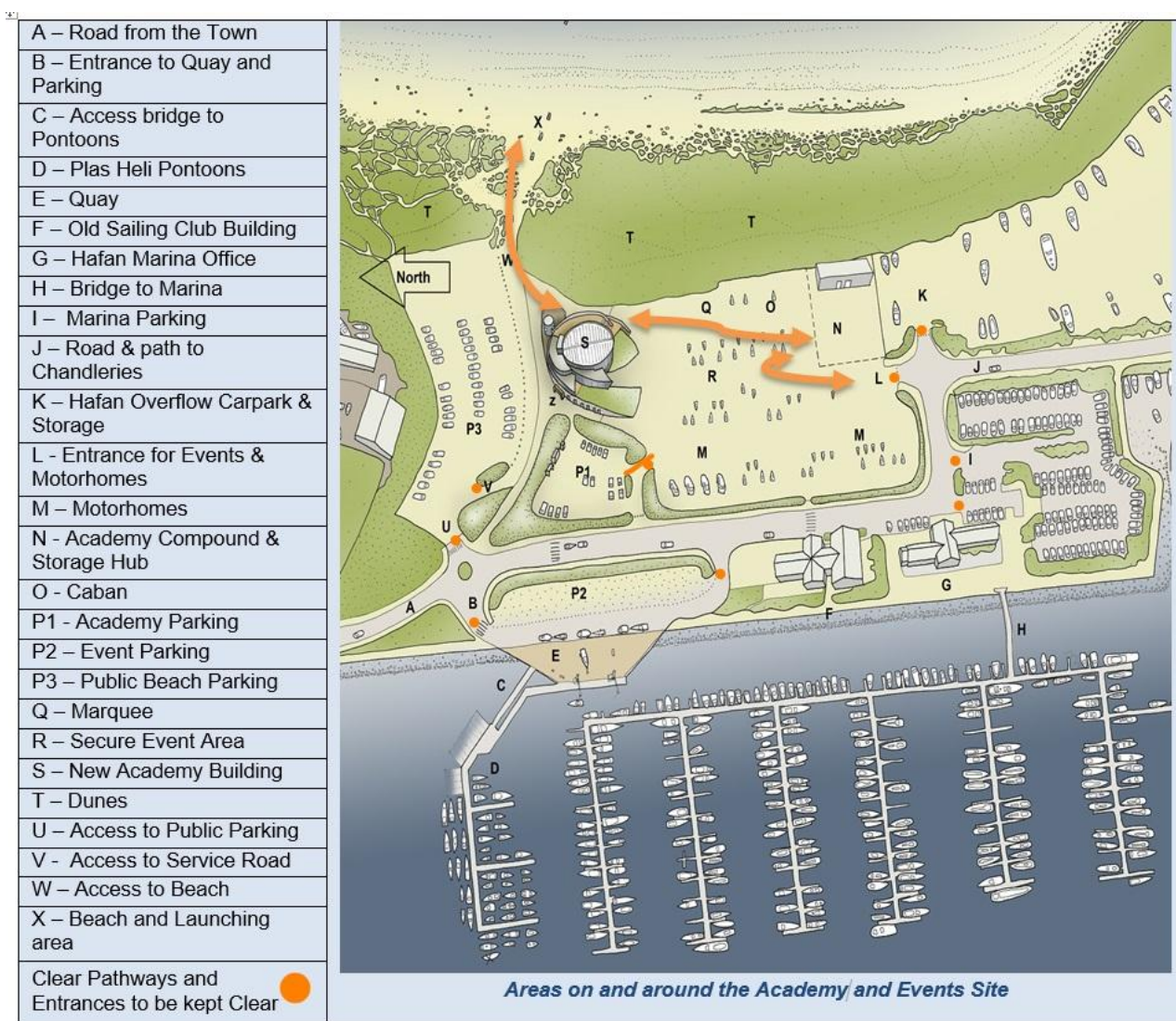


Welsh Youth & Junior Championships 2025

A Guide for Sailors, Parents, Race Management and Safety Fleets

Plas Heli Welsh National Sailing Academy, Pwllheli

RYA Cymru Wales and Plas Heli are looking forward to welcoming you to Pwllheli for the 2025 Welsh Youth & Junior Championships. The information below will help guide you in terms of logistical information and schedule so that the weekend can run as smoothly as possible.



15.00 – 16.00	RYA Cymru Wales staff arrive to set up Registration, Race Office, Pop ups and banners
12.00 – 17.00	RIB launching
17:00– 18:00	Registration Open

Saturday 13th September 2025

08.30 – 09.30	Sailor and Volunteer Registration – Training room off the Main Hall
08.30	Race Management Meeting – Training room off the Main Hall
09.00	Coaches Briefing – Training room off the Main Hall
09.00	RIB launching
09.30	Event Safety Briefing – Training room off the Main Hall

Main Fleet

10.00	Competitors' Welcome – Main Hall
10.15	Safety Fleet on the water
10.30	Main Fleet released to the beach
10:45	Main Fleet launch
11.27	First Warning Signal for Main Fleet
16.30	Main Fleet estimated back ashore

Regatta Fleet timings will be provided at the Regatta Fleet briefing which will take place immediately following the Competitor's Welcome Briefing

Sunday 14th September 2025

08.00	Race Management Meeting – Training room off the Main Hall
08.30	Event Safety Briefing – Training room off the Main Hall

Main Fleet

09.00	Safety Fleet Launch
09.30	Main Fleet released to the beach
09.45	Main Fleet launch
10.27	First Warning Signal for Main Fleet

End of Racing-Safety Boat Recovery - Event Pack up

16.00	Estimated Prize Giving
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Regatta Fleet timings will be provided at the Regatta Fleet briefing which will take place at 9.00am in the Main Hall.



Dinghy Park Area

Red – Optimist
 Blue – RS Tera
 Orange – Topper
 Purple – Coached Regatta Fleet
 Pink and White – ILCA
 Black and Gold – 420, 29er, RS Feva

1 ARRIVAL

1.2 Boat drop off

Boats can be dropped off on Friday evening in the boat park – the gate code will be sent out prior to the event on the Official Telegram Group.

Please leave your boat in the class specific area marked above.

If you arrive on Saturday morning trailers/ boats need to be unloaded as soon as possible and cars removed from the boat park.

Please move your boat to the class specific area marked above.

1.3 Parking

Cars can be parked in the beach car park or the event parking on the above map. **No cars to be parked in the boat park unless linked to a campervan or tent.**

2 PRE-ACTIVITY

2.1 Registration

Registration will take place in one of the training rooms off the Main Hall. We will be running a paperless system. Sailors will be asked to confirm name, sail number and to verbally agree to the 'Sailor Declaration' (attached to your event email).

Registration will open between 17:00-18:00 on Friday evening and again 8:30am and close at 9:30am on Saturday morning. Please try and register as soon as possible.

Sailors and volunteers/ coaches need to register.

2.2 Boat Parking and Tallies

Please ensure you park in the correct class area. Boats will need to stay in your class area until released to launch.

Prior to the event all sailors will be allocated a tally number, this is to help identify sailors. Both helm and crew in double handed boats will be allocated a number.

2.3 Communication

A broadcast only Telegram group will be setup to communicate to sailors and parents. Scan the QR code/ click on the link below to sign up to the group. We ask that over 16's only are on the group. You will need to download the Telegram App to access the group.

[Telegram: Join Group Chat](#)



2.4 Briefing

There will be a 'Competitor Welcome Briefing' on Saturday morning at 10am in the Main Hall.

2.5 Official Noticeboard

The Official Noticeboard will be in the main hanger outside the race office. It is the intention to announce on the Telegram Group when anything has been posted on the Official Notice Board.

2.6 Toilets and Changing Facilities

Changing facilities are available downstairs in Plas Heli just off the main hanger. Please wash the sand off your sailing clothes in the troughs outside.

2.7 Launch / Recovery of Fleets

Parents are asked to help launch and recover. Please follow the beach master's instructions.

Parents will be informed via the Telegram group an ETA for sailors coming back ashore. If a sailor retires and comes ashore early the parent/guardian will be contacted directly.

2.8 WiFi

Wifi is available in the Academy.

2.9 Catering

There will be catering all weekend upstairs in the club and down in the main hall.

There is a wedding upstairs in the back bar on Saturday evening.

Breakfast from 8:30am-09:30am each morning – breakfast rolls, tea and coffee

2.10 First Aid

The one shore first aid point will be the Race Office. There is a first aid kit and defibrillator behind Plas Heli reception.

2.11 Chandlery

Please check your boats over thoroughly before arriving. Firmhelm stock a wide variety of sailing blocks and rope etc.

2.12 Sustainability

We are working to make our events and activities more sustainable. To find out more see the RYA Environmental Policy and Sustainability Strategy:

<https://www.rya.org.uk/about-us/policies/environment-and-sustainability>

- Help us to reduce the impact of our event by bringing your own re-usable bottle and flask that can be re-filled.
- Please use shore side recycling facilities wherever possible, please ensure the item you are putting in the bin is recyclable.

3 AFLOAT

3.1 Coaches

We have a number of RYA Cymru Wales Coaches on hand this weekend. They will be introduced in the 'Competitor Welcome Briefing' and are there to support all sailors. Please feel free to ask them any questions on or off the water.

3.2 Retiring

If a sailor retires from a race and it is safe to do so the sailor will be escorted back to shore. Parents will be notified if their sailor is coming ashore early.

If the safety fleet is busy with a few sailors, then a sailor's boat may be de-rigged and anchored behind the start line. The sailor will then be moved to the safety boat until the fleet is ready to sail ashore after racing. The anchored boats will then be collected and towed back in.

3.3 W flag

We have a relatively young/ new fleet of sailors this year which is fantastic to see. Our aim is to ensure all sailors get a finish even if they do not complete the whole course. We will be using the W flag to shorten the course for sailors who have found themselves quite far behind the rest of the fleet. Sailors may also be asked to only complete some of the course. Any guidance will be from the coaches/ mark layers.

3.4 CROESO

The CROESO boat is back! CROESO is a 'Wellness RIB' aimed at supporting sailors and volunteers on the water. CROESO will have 2 female helms onboard and will be carrying; spare water, spare food, suncream, first aid, bucket and poncho for toileting, period products and will be there for moral support. CROESO is there to support both male and females on the water. If you need help with boat maintenance, see a coach boat for support.



4 POST ACTIVITY

4.1 Result and Race Office

The race office will be in one of the training rooms off the Main Hall. Please only come to the race office for general enquiries, first aid.

Results will be posted on the Official Notice Board and the Welsh Sailing Events Hub.

[Welsh Youth & Junior Championships](#) | [Welsh Sailing](#)

4.2 Protests

The intention is for protests to be resolved through arbitration. All jury notices will be posted on the Official Notice Board. Should a full protest procedure be needed we will contact the individuals to let you know where the protest room will be.

4.3 Prize Giving

The prize giving will be run as soon as possible after racing on Sunday. If you have any perpetual trophies from last year, please drop them at registration or the race office.

4.4 Departure

Once packed up and ready to set off home please take a few moments to make sure you have everything and that the area around your boat is litter free.

5 SAFE-GUARDING

For any Safe-Guarding concerns or queries please contact the Event Director – Sarah McGovern

07823 338374

Sarah.mcGovern@ryacymruwales.org.uk

The image displays two posters side-by-side. The left poster, titled 'Safe & Fun', has a blue background and features the text 'Sailing, windsurfing and powerboating should be Safe & Fun'. It includes a commitment from the RYA to safeguarding children and young people, a statement about the right to feel safe and be treated with respect, and a list of support organizations: Childline (0800 1111), NSPCC (088 800 5000), RYA (02380 01 2796), and RYA (02380 01 2796). It also provides contact information for the Club Welfare Officer, Sarah McGovern, and includes a QR code. The right poster, titled 'Sail Clean', has a white background with a blue diagonal stripe. It features the UKAD logo and the RYA logo. The text reads 'By entering a race you are agreeing to follow the RYA anti-doping rules.' and 'Find out More Search: "RYA Sail Clean"'. It includes a QR code and the hashtag #SailClean.